

# Menopause: The Positive Shift

Date: 30<sup>th</sup> September, 2026 | Venue: Hotel Orchid Vile Parle East, Mumbai

Organised by: **Mumbai Obstetrics and Gynecological Society**



**Dr. Bhaskar Pal**  
President, FOGSI



**Dr. Suvarna Khadilkar**  
Secretary General, FOGSI



**Dr. Anju Soni**  
Vice President, FOGSI



**Dr. Basab Mukherjee**  
National Co-Ordinator



**Dr. Ameya Purandare**  
President, AMOGS



**Dr. Soma Datta**  
Joint Secretary FOGSI



**Dr. Seetha Ramamurthy Pal**  
National Convener



**Dr. Poushali Sanyal**  
National Convener



**Dr. Bidisha Roychoudhury**  
National Convener



**Dr. Rohan Palshetkar**  
Secretary, AMOGS



**Dr. Archana Dwivedi**  
Committee Chairperson



**Dr. Rajendra Nagarkatti**  
National Coordinator  
Module (Menopause)



**Dr. Shailesh Kore**  
President MOGS



**Dr. Sujata Dalvi**  
Secretary MOGS

**Conveners:** Priti Vyas, Dr. Jagruti Nalavade  
**MOC:** Dr Bhagyashree Yewale, Dr Sanchari Pal

| Time                                                                                      | Topic                                                                                                                                                                        | Speaker                                               |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| 7:00 - 7:30 PM                                                                            | <b>Registration &amp; Welcome Address &amp; Inauguration</b>                                                                                                                 |                                                       |
|                                                                                           | Welcome Address President MOGS - Dr. Shailesh Kore                                                                                                                           |                                                       |
|                                                                                           | Message By FOGSI President - Dr. Bhaskar Pal                                                                                                                                 |                                                       |
|                                                                                           | Message By FOGSI Vice President - Dr. Anju Soni                                                                                                                              |                                                       |
|                                                                                           | Message by AMOGS President - Dr Ameya Purandare                                                                                                                              |                                                       |
| <b>Session 1 - Chairpersons:</b> Dr Sunil Tambvekar, Dr Archana Mayekar, Dr Meghana Bhate |                                                                                                                                                                              |                                                       |
| 7:30 - 7:50 PM                                                                            | Menopause Diagnosis and Classification                                                                                                                                       | Dr Priti Vyas                                         |
| 7:50 - 8:10 PM                                                                            | Menopause Hormone Therapy                                                                                                                                                    | Dr Suchitra N Pandit                                  |
| <b>Session 2 - Chairpersons:</b> Dr Jyotsna Patel, Dr Ami Surti, Dr Anurag Bhate          |                                                                                                                                                                              |                                                       |
| 8:10 - 8:30 PM                                                                            | Non Hormonal Management                                                                                                                                                      | Dr Sarita Bhalerao                                    |
| 8:30 - 8:50 PM                                                                            | Urogenital Issue                                                                                                                                                             | Dr Geetha Balsarkar                                   |
| <b>Session 3</b>                                                                          |                                                                                                                                                                              |                                                       |
| 8:50 - 9:50 PM                                                                            | <b>Panel Discussion:</b> Menopause case based Scenarios                                                                                                                      | Moderators:<br>Dr Jagruti Nalavade,<br>Dr Kinjal Shah |
|                                                                                           | <b>Panelists:</b> Dr Madhuri Joshi, Dr Sujata Dalvi, Dr Sargam Soni,<br>Dr Raju Sahetya, Dr Dhrupti Dedhia, Dr Bhumkia Kotecha,<br>Dr Vidya Bandukwala, Dr Rupali Dharwadkar |                                                       |
| 9:50 - 10:10 PM                                                                           | QUIZ and Q & A                                                                                                                                                               |                                                       |
| 10:15 PM Onwards                                                                          | Vote of Thanks followed by Dinner                                                                                                                                            |                                                       |